

Volume 3 Issue 1

IATA

NEWSLETTER



November 25, 2024



MaKenna Turk

To Idaho Athletic Trainers membership,

As we prepare for the upcoming holidays, however one spends this time, here is a small note to keep you updated on the goings on in your Idaho Athletic Trainers' Association.

(The pictures you see in this edition are of your fellow AT membership and BOD members)

From your Board of Directors and Committee Chairs.

Content:

Save the Dates

Athletic Training Highlights

Third Party Reimbursement

Open House for Early Professionals

IATA Honors & Awards

Open Positions

Christmas Time Gear Sale

Directory

Save The Dates

Hit The Hill Day - February 13th 8 am - 5 pm 1st floor rotunda of Capital Building

GAC Town Hall - Late January and/or Early February

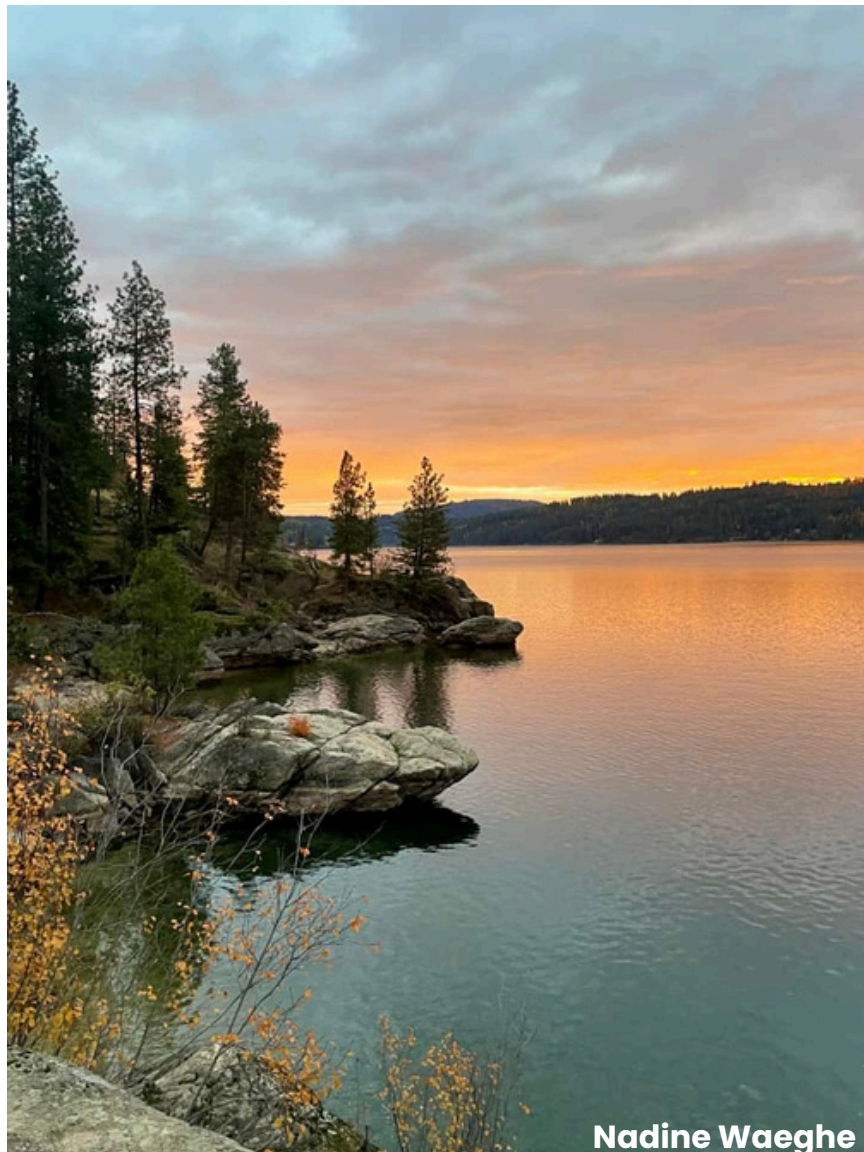
Third Party Reimbursement Town Hall - Late January

Third Party Reimbursement Bootcamp - January 12th 8am-5pm MST

Early Professionals Open House - December 15th 7pm PST

IATA 2025 Symposium - July 18th - 19th Idaho State University Pocatello ID

NWATA Meeting & Symposium - March 13 - 16th, 2025 Bellevue WA



Nadine Waeghe

HIT THE HILL LEGISLATIVE DAY! **FEBRUARY 13TH**

1st Floor Rotunda Building 8am - 5 pm

Next year's Hit the Hill event on February 13, 2025 will be one of strengthening current relationships with our past legislators and welcoming those Senators and Representatives making their new home at the Capitol. After the recent election, we have an expected 23 new legislators in office; 7 senators and 16 representatives. Some legislators may know what an athletic trainer is and what our profession entails. However, there may be some legislators where our efforts and interactions on that day may be their first exposure to the athletic training allied health professional. Our specific initiatives legislatively are still hazy, as we wait to hear back from our sources about what bills may be coming down the pipeline this upcoming season. However, our purpose remains the same: To engage and educate. To be efficient and effective. And to embolden our legislators for positive change for our patients and our profession.

Save the Date! We cannot wait to see you there! Let's break some records and have our best turnout yet! Please be on the lookout for further information.

- Your Governmental Affairs Committee



Stayed tuned via social media and emails for Town Hall Meetings January and February to discuss the following topics:

1. What is coming in legislation 2025
2. What to expect at Hit the Hill

Athletic Trainer Spotlights

Gen Ludwig our new NWATA Treasurer

“I look forward to serving the District in the capacity of Treasurer, beginning in June 2025. D10 has been my home for over 20 years and I am excited to join the D10 BOD. I feel this role will complement my current position as Meetings Coordinator, as the majority of our operating budget is allocated to the District Meeting. I appreciate Garth Babcock for serving in this role for the past two terms, and will be working with him closely over the next six months to ensure a smooth transition. Thank you all for entrusting me with the financial operations of the District.”



Shayla Foster Coordinator of Athletic Trainers



The purpose of this position is to be able to educate the schools, the district, and the community about athletic trainers and what we have to offer as healthcare professionals. Currently, I have been working with the head athletic trainers to develop common policies and procedures and communicate expectations with administration. There has never been a voice directly at the district level before and having this position allows for education and change. We are creating an environment of collaboration between the schools where each athletic trainer can collectively have a voice and bring their ideas or concerns to the group. The goal is to develop a sports medicine team here in our district instead of each school being like their own island which can tend to happen in the world of high school athletic training. Some cool things we are working on is using our EMR system to help us track how many athletes and injuries we see in a season or in a sport and assign a code and value to the evaluation/treatment to be able to show what we are doing within the district and show our worth with visible data. We are adjusting teacher/athletic training schedules throughout the day where we can assist those athletes struggling with a concussion or injury to be able to get some education or rehabilitation to help them recover faster. There are many ideas we are proposing that have potential to come down the pipeline which would not only support longevity and work satisfaction but would increase the care we can offer our athletes and teams. This is only the beginning and I am very excited to see how this position and our profession can grow!

Natalie Cooper IATA BOD District 3



I graduated from Idaho State University in 2022 with my Masters in Athletic Training. I moved to Twin Falls recently to start my job in the industrial setting with 650 employees. I have been working there about a year and a half now. I focus on injury prevention, injury assessment, first aid treatment, wellness and ergonomics at my site. My goals for District 3 in the IATA are to help connect local ATs by organizing networking events, use social media channels to share updates and success stories, and develop online forums and resources where local athletic trainers can share their knowledge and best practices. Additionally, I would like to raise awareness about the role of athletic trainers in schools, clinics and non-traditional settings and educate the public on the value of athletic training for injury prevention and health care.

By actively engaging in these roles, my hope is to significantly impact the athletic training community, ensuring district 3 ATC's have resources, support and recognition needed to thrive.



Third Party Reimbursement Initiative

In 2014, the National Athletic Trainers' Association Third Party Reimbursement Initiative Pilot Project (TPRI) launched a joint initiative between the NATA and three individual state athletic training associations (Indiana, Ohio and Wisconsin). Since then the initiative has worked with 25 states and gained recognition by nearly 300 payors that recognize the AT as a reimbursable health care provider (NATA News- October 2024). In 2019 the Idaho Athletic Trainers Association (IATA) distributed a similar survey to gauge member interest- this is a request for member participation in a 5 year follow-up on the initiative.

The intent of TPRI is to continue to support state level advocacy for athletic trainers with payers and employers, while building and maintaining coordinated efforts nationally. The states that choose to participate will be expected to share key learning and data as part of a larger network that will drive progress nationally. Our goal is for Idaho to contribute towards this initiative.

Survey Here



Third Party Reimbursement Initiative Boot Camp

Coming January 12th 2025 8am - 1pm MST

IATA Membership if interested in attending please contact BOD members

CALLING EARLY PROFESSIONALS!



OPEN HOUSE PANEL FOR YOU

When: Sunday December 15th 7pm PST

Topic: Three things I wish I knew as an Early Professional/New Graduate

Panel: Athletic Trainers who want to share their own experiences to create transparency for the early professional.

Topics include: Confidence, Boundaries, Self worth outside of work

Who: IATA Membership and students!



Ally Award

Service Award

Hall of Fame

IATA Honors & Awards

Deadline April 1, 2025

Nominations are now open!

[Click here](#)

Early Professional Award





NWATA HONORS & AWARDS

Nomination Deadline: **December 1st 2024**

Visit www.nwata.org and click on the **Honors & Awards** tab for more information on each honor & award and to nominate.

Email any questions to NWATA Honors & Awards Committee Chair Christine Mayer: chrstnehwr@gmail.com

DISTRICT 10 SERVICE AWARD

The NWATA District Service Award is given in recognition of those members who have furthered the advancement of the NWATA within District 10 through their contributions and dedicated service to the athletic training profession. The award is to recognize work within the profession at all levels (community, state, district, national). However, this is a district award and implies volunteerism and service within the NWATA by the nominee to assist in the accomplishment of the ongoing work for its members and the betterment of the profession.

ELEVATE AWARD

The ElevATe Award is awarded in recognition of District 10 members who have "ELEVATED" our profession of Athletic Training. A member's contribution to furthering our profession could be at any level (community, state, district, national) or any setting (clinical, secondary schools, universities, industrial, educational, etc).

NNWATA NEW HORIZON'S AWARD

The New Horizon Award is given in recognition of Young Professionals of the NWATA for their unique or immediate contributions in service to the NWATA and the athletic training profession within District 10. This is an award that recognizes volunteerism, advancement of the profession, or service to the NWATA.

COURAGE, LOVE AND JOY AWARD

The Courage, Love, and Joy Award is given in recognition of District 10 members who doing demonstrating courage, love, and/or joy within their communities.

Courage – Recognizing individuals who have displayed exceptional bravery in the face of danger or adversity, such as saving lives, protecting others from harm, or confronting challenging situations with determination. And honoring individuals who have demonstrated courage by overcoming significant personal challenges, whether physical, emotional, or social, and inspiring others through their resilience.

Love – Recognizing individuals who have demonstrated exceptional kindness, empathy, and compassion towards others, whether through small gestures of love or larger acts of generosity and support.

Joy – Recognizing individuals who bring joy and laughter to others through their infectious enthusiasm, humor, and uplifting attitude, brightening the lives of those around them. Acknowledging individuals or groups that have made significant contributions to the well-being and happiness of their communities, fostering a sense of belonging, camaraderie, and positivity.

HALL OF FAME

The NWATA District 10 Hall of Fame Award is to recognize and honor those members of our District who have consistently served and demonstrated outstanding and unusual service to the NWATA and profession of Athletic Training over an extended period of time.

Open IATA Positions

Secondary Schools Committee Chair

Goals

1. To enhance quality healthcare for secondary school athletes
2. To increase public awareness in the secondary setting



Committee on Practice Advanced Chair

Goals

1. Supporting athletic trainers in nontraditional setting
2. Develop resources, address concerns, strengthen opportunities and expand recognition of our members in those emerging settings.

Third Party Reimbursement Co-Committee Chair

Goals

To serve as a resource and catalyst to the membership as a tool for both educational advocacy and professional wellbeing of AT

Research and Education Committee Chair Goals

To provide continuing education opportunities for IATA
Membership

To assist Idaho AT meet the CEU requirements to keep their
BOC certification in good standing



IATA Gear Sale

Open until December 10, 2024

**For the supporters and co-workers who spend endless hours
waiting for your to finish your treatments or those who working
with you to finish those treatments!
(Click the IATA GEAR Sale above)**

As our IATA president, Makenna Turk explains, "don't hesitate on asking a question due to insecurity or fear because chances are there is more than one other person in the room with the same question, you aren't alone". Our goals include unity, selflessness, vulnerability, and emotional intelligence. We want to hear from you. You can reach us through social media, emails, phone calls.



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Vacant Positions
Secondary Schools
Research and Education
Committee on Practice Advancement
Co-Chair Third Party Reimbursement

